



GEMA GROUP

# CREW MEALS

A 2026 MENU COLLECTION



# CREW MEALS

REFINED, FLEXIBLE AND EFFICIENT, OUR CREW CATERING DELIVERS HIGH-QUALITY BUFFET DINING AND PREMIUM GRAB-AND-GO OPTIONS, DESIGNED TO SUPPORT TEAMS THROUGHOUT THE DAY.

## PACKAGES

Lunch Pack 1		\$ 29.00 per person
Lunch Pack 2		\$ 37.00 per person
Lunch Pack 3		\$ 42.00 per person
Breakfast Functions	Served buffet style - minimum 20 guests, Inclusive of cereal, sliced bread, seasonal sliced fruit & orange juice	\$ 30.00 per person
Buffet Style	Served buffet style - minimum 20 guests	\$ 39.50 per person

## ENHANCEMENT UPGRADES

Personalise your dining experience - price is per person

All day	Satchet Coffee - St Remio	\$ 4.95 per person
Hot item	Additional hot item	\$ 17.50 per person
Salad	Additional salad	\$ 10.00 per person

NOTE: SURCHARGES APPLY PUBLIC HOLIDAYS.

# CREW MEALS LUNCH PACKS

---

GEMA GROUP

## LUNCH PACK 1

Baguette, Sandwich or Wrap

PLEASE SELECT ONE

Roast Chicken & Avocado Baguette NF

Shaved Ham, Sundried Tomato, Swiss Cheese

Sandwich NF

Mediterranean Vegetarian Wrap v

Piece of Fruit

Fresh Muffin

Soft Drink Bottle

## LUNCH PACK 2

Ribbon Sandwich

SELECT ONE FILLING

Chicken & Parsley

Egg & Mayo

Or Ham, Cheese & Tomato

Piece of Fruit

Mini Danish

Fresh Muffin

Chocolate Bar

Soft Drink Bottle

## LUNCH PACK 2

Individual Salad Bowl GF

SELECT ONE SALAD

BBQ beef, sweet potato, rocket, spiced sour cream bowl

Mexican chicken rice bowl

Ancient grain salad, spinach pumpkin & currents

Cheese & Crackers

Muesli Bar

Savoury Mini Croissant

Piece of Fruit

Fresh Muffin

Soft Drink Bottle

# CREW BREAKFAST

GEMA GROUP

SERVED BUFFET STYLE

## BREAKFAST EGGS

SELECT 1 ITEM

Poached Free Range Eggs (2 per person) V,GF,DF,NF

Fried Free Range Eggs (2 per person) V,GF,DF,NF

Omlette with cheese & chives V,GF,NF

## BREAKFAST SIDES

SELECT 2 SIDES

Free Range Bacon GF, DF, NF

Wilted Spinach VGN,GF,NF,V

Slow Roasted Tomatoes VGN,GF,DF,NF

Sauteed Mushrooms v

Hash Brown v

Smashed Avocado VGN,GF,DF,NF

## BREAKFAST INCLUSIONS

Cereal

Sliced Bread

Seasonal Sliced Fruit

Orange Juice

## BREAKFAST UPGRADE

St Remio Satchet Coffee

# BUFFET STYLE

GEMA GROUP

PLEASE SELECT 1 MAIN ITEM & 1 SIDE ITEM

## MAIN SELECTION

Rich Beef Lasagane NF  
garlic bread

Chicken Tagine DF, NF  
cous cous

Paneer NF, GF, V  
sweet potato and spinach curry, basmati rice

## SIDES SELECTION

Greek Salad V, NF, GF  
feta, cucumber, olives & tomato, lemon & oregano

Caesar Salad V  
cos, croutons, aioli, egg, parmesan

Roasted Vegetable V  
herb mayonnaise, rocket

## BUFFET INCLUSIONS

St Remio Satchet Coffee

Selection of teas

## FOOD ALLERGIES & INTOLERANCES

Gema Group takes care to cater for allergies and intolerances, but we cannot guarantee meals are completely allergen-free due to potential trace elements in kitchens and ingredients supplied.

Please be aware allergens may be present in meals served.

If you have an allergy or intolerance, speak to our staff before consuming food or drinks so we can suggest suitable alternatives.

## NOTE ON SEASONAL PRODUCE

Due to the seasonal nature of this menu, some items may not always be available.

While we will endeavour to provide your desired selection, we may need to make substitutions from time to time.

## ALLERGEN KEY

- V Vegetarian
- VG Vegan
- DF Dairy Free
- GF Gluten Free
- NF Nut Free\*
- A Australian Seafood
- I Imported Seafood
- M Mixed Origin Seafood

\* Although this dish is prepared with gluten, dairy or nut free products, we cannot guarantee it is 100% gluten, dairy or nut free as the dish is prepared in kitchens that also use gluten and dairy and nut products.



[INFO@MELBOURNESHOWGROUNDS.COM](mailto:INFO@MELBOURNESHOWGROUNDS.COM)

EPSOM RD, ASCOT VALE VIC 3032

[MELBOURNESHOWGROUNDS.COM](http://MELBOURNESHOWGROUNDS.COM)